Automotive Component Reman Ltd Units A-C, Gun Cotton Place Factory Road, Sandycroft Deeside, CH5 2RE, UK tel: +44(0)1244 539196 email:sales@automotivecomp.com www.automotivecomp.com



FITTING THE POWER PLUS© CAMSHAFT

Removing the Camshaft

- Disconnect Battery (Safety precaution)
- Remove the bonnet
- Remove the air cleaner
- Remove the radiator assembly
- 5. Remove the external oil filter assembly
- 6. Petrol Engines: Remove the distributor and drive gear
- Diesel Engines : Remove the fuel injection pump
- Remove the valve gear
- 9. Remove the cylinder head
- 10. Remove the tappets
- 11. Remove timing gear cover
- 12. Remove the timing chain tensioner
- 13. Withdraw the timing chain
- 14. Remove the fixings from the camshaft chainwheel
- 15. Extract the chainwheel from the camshaft
- Remove the thrust plate from camshaft
- 17. Extract camshaft

Refitting the POWER PLUS® Camshaft

- 18. Lubricate the POWER PLUS® camshaft and followers with engine oil before assembly
- 19. Insert the POWER PLUS® camshaft into the cylinder block
- 20. Fit the thrust plate
- 21. Fit the chainwheel to the POWER PLUS© camshaft but do not engage the lockwasher at this stage
- 22. Mount a dial test indicator (DTI) to read off the end of the POWER PLUS© camshaft Check the POWER PLUS® camshaft end float. The correct end float limits are 0.06mm to 0.13mm (0.0025in. to 0.0055in) If the end float is excessive, fit a new thrust plate
- 23. Remove the dial test indicator
- 24. Reset the valve timing as follows:
- 25. Rotate crankshaft until No. 1 & 4 piston are at T.D.C. Find T.D.C. exactly using a D.T.I. resting on centre of No 1 piston
- 26. Rotate POWER PLUS@ camshaft until valves 1 & 2 are on overlap i.e. when rotating camshaft backward and forwards slightly causes 1 follower to lift and the other to fall
- The correct relationship between the crankshaft and the POWER PLUS© camshaft is when the intake and exhaust cam followers for cylinders No1are exactly the same height (distance open) as each other when No 1 piston is at T.D.C. Using 2 D.T.I gauges the intake and exhaust followers will be approximately lifted by 0.017" when both are at the same height
- 28. The carn sprocket and chain should then be fitted with the crankshaft and camshaft in this exact position. Any small variation from this position will reduce performance and efficiency. Later 90/110 2.25 and 2.5 units with single key way may require an early 6 key way chain wheel to achieve this condition.
- 29. Reverse 1 to 12 resetting valve clearances (cold) to .006 Inlet & .008 Exhaust

WARRANTY

Please note claims will not be considered unless the engine oil & filter are renewed and new camshaft rollers are fitted. We also recommend replacing the skew gear.





